

OPTOMETRY

Q: What can I do for my itchy allergy eyes?

A: If spring is the time of year that you know your allergies are going to hit hard, there are many things we can do *before* allergy season appears to *prevent* uncomfortable allergy eyes in the first place. If you are already on an oral medication or nasal spray for your allergies, research has

proven that it can also help reduce symptoms in the eyes. However, it is sometimes not enough to relieve the ocular itch and it can potentially cause secondary dry eye. We have several choices of prescription eye drops that can manage, and even prevent, the allergy itch. Plus, we have numerous treatment options for co-existing dry eye that may be present.

The key message is not to wait until your eyes are miserable and itchy. Be proactive if you know you have allergy issues. Call and make an appointment with your eye doctor so that your eyes can stay comfortable all year round.



Brittany G. Schauer, OD

*Vision
Source
Mandan*

107 6th Ave. NW
Mandan, ND 58554
701-663-0313 • 800-244-1479
www.visionsource-mandan.com

